



## Family Support – Autumn term 2021

At Dyscover we know that aphasia affects relationships, and that relatives often need and benefit from support as well.

We are pleased to be re-introducing some face-to-face groups this term, and so will enjoy seeing some of you at the start and end of sessions. Unfortunately whilst Covid remains as a risk we have to avoid gathering in the lobby / entrance at Kingston and Leatherhead.

We hope you will join our zoom meeting on Thursday 21 October, or if you have specific questions about your family member, please ask the staff member who leads their group for a 1:1 chat.

Whilst we do not offer counselling at Dyscover, we may be able to direct you to other support services, and provide information and introductions to others who have first-hand experience of living with a relative who has aphasia.

### **Relatives & Friends Meeting**

Rosemary and Helen will host this term's **Relatives & Friends Meeting**.

You will have chance to ask **general questions** about our service and **meet and share views** and **queries** with people in a similar position.

Date: **Thursday 21 October 2021**

Time: **10.30 – 11.30am**

Via: **Zoom**



Please email [hingram@dyscover.org.uk](mailto:hingram@dyscover.org.uk) if you would like to attend.

You will be sent a zoom link to join the meeting.



## Topics and News, and other notices this term

**Topics and News** continues every 2 weeks this term. It will be sent by post to Zoom members, and given by hand to those who come to Leatherhead or Kingston. This resource is created by our staff for members to **prepare for their weekly group or phone** conversations. Additional aphasia friendly **news stories** offer opportunity to **practice reading and discussion** at home. Sometimes we will also send **extra notices**. Please take time to **read these, helping your relative** where necessary.

## Community Fundraising

Tyrrells Wood Golf Club is holding a **charity golf day** to fundraise for us on Friday 24<sup>th</sup> September. Please do share with any golf loving friends/family or to book your own tickets please contact: [office@tyrrellswoodgolfclub.com](mailto:office@tyrrellswoodgolfclub.com)

We are also holding a **Curry and Quiz evening** on Monday 18<sup>th</sup> Oct at the Ashted Balti restaurant. Please do join us for a fun evening and delicious food. To book your tickets: <https://www.jumblebee.co.uk/dyscovercurryquizevening>

We are part of the **Mole Valley Community Lottery**. Tickets cost just £1 per week with 50p going to Dyscover and 10p going to support local projects. Please do support us and get your tickets for the chance to win some get cash prizes: <https://www.molevalleylottery.co.uk/support/dyscover>

We always welcome your fundraising suggestions, and support individual sponsored challenges. To discuss any fundraising ideas, please contact **Liz Grace** our Community Fundraising Coordinator at [lgrace@dyscover.org.uk](mailto:lgrace@dyscover.org.uk)

