



Family Support – Spring term 2020

At Dyscover we know that aphasia affects relationships and that relatives need support as well as the person with the condition. We offer information, advice and introductions to others who have first-hand experience of living with a relative who has aphasia.

Coffee and briefing meetings with your group's SLT

Meet other relatives over a coffee at your group venue while the Speech and Language Therapist takes you through the programme that your relative will be following this term. Meetings are held in the **second week of term** for all groups.

Some groups also offer an **additional meeting** towards the end of term.

Please check individual programmes for your group's date and time.

This term we welcome **Gayle Chandler** to our team.

Gayle is an experienced Speech and Language Therapist who replaces Hyacinth as lead for the Wednesday afternoon and Thursday morning groups at Leatherhead.



Planning for future Family Support at Dyscover

Thank you to all who responded to our questionnaire about your needs as a relative of someone with aphasia. Our SALTA Tricia looked at the results and found that people are, on the whole, happy with the support we offer. She is making links with organisations (starting in Kingston) who may offer 'wellbeing' treatments to carers at low / no cost.

Extra activities this term

This term Suzanne, our Service Coordinator, has organised another series of **accessible swimming** sessions on Fridays at Dorking Pool.

Long-term support and opportunities for people with aphasia   

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Conversation Partners Course – February

We are planning to run another of our popular 6 week courses for couples in February. We are currently recruiting – spaces are limited. Please let me know if you are interested in joining this course, or would like more information.

Feedback Forums

Thank you to those of you who have joined one of our termly Feedback Forums. These informal meetings are led by Trustee **Jenny Richardson** and are an opportunity to ask questions and make suggestions. A summary of last term's forums is attached. Jenny is repeating them this term and you are welcome to drop in and have your say. See group programmes for dates.



Community Fundraising

The response to the 'Raise 25' campaign in Dyscover's 25th year was impressive – the total currently stands at around £7000! Our Community Fundraising Coordinator, **Liz Grace** is now well established in her post and would be happy to hear from anyone who wants to support us by organising an event or sponsored challenge.



Liz will also keep updated with news of **fundraising events** she is coordinating this year. Joining in as a helper or buying a ticket for an event is a good way to get involved.

Finally... Do remember that we have an **open door** at Dyscover. All our groups are overseen by a Speech and Language Therapist who will be happy to arrange to speak to you individually and in confidence – just ask a member of staff.

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